



TRARALGON SWIMMING CLUB INC PRESENTS

## 13<sup>th</sup> Annual LA TROBE CITY CUP

Morwell Leisure Centre McDonald St Morwell

25m Indoor Pool

Sunday 22<sup>nd</sup> July 2018

Start 10:00am Warm-up Commences at 9:00am



### GIRLS

1. WOMEN'S OPEN 100M FREE
3. 8 YEARS & Under 50M BACK
5. 11//12 YEARS 50M BACK
7. 15/16 YEARS 50M BACK
9. 17 YEARS & OVER 50M BACK
11. 9/10 YEARS 50M BACK
13. 13/14 YEARS 50M BACK
15. WOMEN'S OPEN 100M FLY
17. 8 YEARS & UNDER 50M BREAST
19. 11/12 YEARS 50M BREAST
21. 15/16 YEARS 50M BREAST
23. 17 YEARS & OVER 50M BREAST
25. 13/14 YEARS 50M BREAST
27. 9/10 YEARS 50M BREAST
29. WOMEN'S OPEN 100M IM
31. WOMEN'S OPEN 200M BREAST\*
33. WOMEN'S OPEN 200M FLY\*
35. 14 YEARS & UNDER 4 X 50M FR/RELAY
37. WOMEN'S OPEN 4 X 50M FR/RELAY
39. 10 YEARS & UNDER 4 X 50M FR/RELAY
41. OPEN 1500m Freestyle
43. OPEN 800m Freestyle
45. WOMEN'S OPEN 100M BACK
47. 8 YEARS & Under 50M FREE
49. 9/10 YEARS 50M FREE
51. 11/12 YEARS 50M FREE
53. 13/14 YEARS 50M FREE
55. 15/16 YEARS 50M FREE
57. 17 YEARS & OVER 50M FREE
59. WOMEN'S OPEN 100M BREAST
61. WOMEN'S OPEN 200M BACK\*
63. WOMEN'S OPEN 200M FREE\*
65. 11/12 YEARS 50M FLY
67. 13/14 YEARS 50M FLY
69. 15/16 YEARS 50M FLY
71. 17 YEARS & Over 50m FLY
73. 9/10 YEARS 50M FLY
75. 8 YEARS & Under 50M FLY
77. WOMEN'S OPEN 200M IM
79. WOMEN'S OPEN 4 X 50M MED/RELAY

### BOYS

2. MEN'S OPEN 100M FREE
4. 8 YEARS & UNDER 50M BACK
6. 11//12 YEARS 50M BACK
8. 15/16 YEARS 50M BACK
10. 17 YEARS & OVER 50M BACK
12. 9/10 YEARS 50M BACK
14. 13/14 YEARS 50M BACK
16. MEN'S OPEN 100M FLY
18. 8 YEARS & UNDER 50M BREAST
20. 11/12 YEARS 50M BREAST
22. 15/16 YEARS 50M BREAST
24. 17 YEARS/OVER 50M BREAST
26. 13/14 YEARS 50M BREAST
28. 9/10 YEARS 50M BREAST
30. MEN'S OPEN 100M IM
32. MEN'S OPEN 200M BREAST\*
34. MEN'S OPEN 200M FLY\*
36. 14 YEARS & UNDER 4 X 50M FR/RELAY
38. MENS OPEN 4 X 50M FR/RELAY
40. 10 YEARS & UNDER 4 X 50M FR/RELAY
42. OPEN 1500m Freestyle
44. OPEN 800m Freestyle
46. MEN'S OPEN 100M BACK
48. 8 YEARS & Under 50M FREE
50. 9/10 YEARS 50M FREE
52. 11/12 YEARS 50M FREE
54. 13/14 YEARS 50M FREE
56. 15/16 YEARS 50M FREE
58. 17 YEARS & OVER 50M FREE
60. MENS OPEN 100M BREAST
62. MEN'S OPEN 200M BACK\*
64. MEN'S OPEN 200M FREE\*
66. 11/12 YEARS 50M FLY
68. 13/14 YEARS 50M FLY
70. 15/16 YEARS 50M FLY
72. 17 YEARS & Over 50M FLY
74. 9/10 YEARS 50M FLY
76. 8 YEARS & Under 50M FLY
78. MEN'S OPEN 200M IM
80. MEN'S OPEN 4 X 50M MED/RELAY

- Entry is restricted to registered swimmers. Age as at 22<sup>nd</sup> July 2018
- **On line entries only.**
- Entries close – **Monday 16<sup>th</sup> July 2018.** Phone or fax will not be accepted.
- TM file for relay entries available at [www.traralgonswimming.org.au](http://www.traralgonswimming.org.au)
- Entries must be accompanied with the appropriate entry fee of \$8.00 per individual event and \$10.00 per relay event. Admission for spectators is free. [Click here](#) to enter
- Event 41 Women's Open 100m Backstroke awarded "Kathleen Froud Memorial Award"
- Event 42 Men's Open 100m Backstroke awarded "Charles Ford Memorial Award"
- Ribbons to third place for all events
- Age group medals for 8 & under, 9, 10, 11, 12, 13, 14, 15, 16, 17 & Over based on aggregate score in age events only
- Swimmers may choose only one event from 31-34 and 57-60
- Swimmers may choose *both 41/43 or 42/44* and splits will be applied to the 800m freestyle event. These events likely to be run concurrently and combined male/female - one heat preferred, 12 & over only.
- A short break is likely after event 44.
- La Trobe Financial Perpetual Cup (maintained by TSC) Awarded to top Scoring Team.
- The meet will be conducted under the rules of SVI and SAL
- All enquiries to The Meet Director, Jane Mitchell. Contact [tscswim@traralgonswimming.org.au](mailto:tscswim@traralgonswimming.org.au)
- **Individual Entries: \$8.00 (Inc SVI MAP levy) Relay Entries: \$10.00**
- A fully stocked canteen will be available
- **BYO Chairs**
- Programs to be downloaded from [www.traralgonswimming.org.au](http://www.traralgonswimming.org.au) by Friday July 20