



TRARALGON SWIMMING CLUB INC PRESENTS  
**9<sup>th</sup> Annual LA TROBE CITY CUP**  
Morwell Leisure Centre McDonald St Morwell  
25m Indoor Pool  
**Sunday 26<sup>th</sup> July 2015**  
Start 9.30am Warm-up Commences at 8:30am



#### GIRLS

1. WOMEN'S OPEN 100M FREE
3. 8 YEARS & Under 50M BACK
5. 11//12 YEARS 50M BACK
7. 15/16 YEARS 50M BACK
9. 17 YEARS & OVER 50M BACK
- BACK
11. 9/10 YEARS 50M BACK
13. 13/14 YEARS 50M BACK
15. WOMEN'S OPEN 100M FLY
17. 8 YEARS & UNDER 50M BREAST
19. 11/12 YEARS 50M BREAST
21. 15/16 YEARS 50M BREAST
23. 17 YEARS & OVER 50M BREAST
25. 13/14 YEARS 50M BREAST
27. 9/10 YEARS 50M BREAST
29. WOMEN'S OPEN 100M IM
31. WOMEN'S OPEN 200M BREAST\*
33. WOMEN'S OPEN 200M FLY\*
35. 14 YEARS & UNDER 4 X 50M FR/RELAY
37. WOMEN'S OPEN 4 X 50M FR/RELAY
39. 10 YEARS & UNDER 4 X 50M FR/RELAY

#### LUNCH BREAK

41. WOMEN'S OPEN 100M BACK
43. 8 YEARS & Under 50M FREE
45. 9/10 YEARS 50M FREE
47. 11/12 YEARS 50M FREE
49. 13/14 YEARS 50M FREE
51. 15/16 YEARS 50M FREE
53. 17 YEARS & OVER 50M FREE
55. WOMEN'S OPEN 100M BREAST
57. WOMEN'S OPEN 200M BACK\*
59. WOMEN'S OPEN 200M FREE\*
61. 11/12 YEARS 50M FLY
63. 13/14 YEARS 50M FLY
65. 15/16 YEARS 50M FLY
67. 17 YEARS & Over 50m FLY
69. 9/10 YEARS 50M FLY
71. 8 YEARS & Under 50M FLY
73. WOMEN'S OPEN 200M IM
75. WOMEN'S OPEN 4 X 50M MED/RELAY

#### BOYS

2. MEN'S OPEN 100M FREE
4. 8 YEARS & UNDER 50M BACK
6. 11//12 YEARS 50M BACK
8. 15/16 YEARS 50M BACK
10. 17 YEARS & OVER 50M
12. 9/10 YEARS 50M BACK
14. 13/14 YEARS 50M BACK
16. MEN'S OPEN 100M FLY
18. 8 YEARS & UNDER 50M BREAST
20. 11/12 YEARS 50M BREAST
22. 15/16 YEARS 50M BREAST
24. 17 YEARS/OVER 50M BREAST
26. 13/14 YEARS 50M BREAST
28. 9/10 YEARS 50M BREAST
30. MEN'S OPEN 100M IM
32. MEN'S OPEN 200M BREAST\*
34. MEN'S OPEN 200M FLY\*
36. 14 YEARS & UNDER 4 X 50M FR/RELAY
38. MENS OPEN 4 X 50M FR/RELAY
40. 10 YEARS & UNDER 4 X 50M FR/RELAY

42. MEN'S OPEN 100M BACK
44. 8 YEARS & Under 50M FREE
46. 9/10 YEARS 50M FREE
48. 11/12 YEARS 50M FREE
50. 13/14 YEARS 50M FREE
52. 15/16 YEARS 50M FREE
54. 17 YEARS & OVER 50M FREE
56. MENS OPEN 100M BREAST
58. MEN'S OPEN 200M BACK\*
60. MEN'S OPEN 200M FREE\*
62. 11/12 YEARS 50M FLY
64. 13/14 YEARS 50M FLY
66. 15/16 YEARS 50M FLY
68. 17 YEARS & Over 50M FLY
70. 9/10 YEARS 50M FLY
72. 8 YEARS & Under 50M FLY
74. MEN'S OPEN 200M IM
76. MEN'S OPEN 4 X 50M MED/RELAY

- Entry is restricted to registered swimmers. Age as at 26<sup>th</sup> July 2015
- **On line entries only.** [Link Here](#)
- Entries close – **Monday 20<sup>th</sup> July 2015.** Phone or fax will not be accepted.
- TM file for relay entries available at [www.traralgonswimming.org.au](http://www.traralgonswimming.org.au)
- Entries must be accompanied with the appropriate entry fee of \$8.00 per individual event and \$10.00 per relay event. Admission for spectators is free.
- Event 41 Women's Open 100m Backstroke awarded "Kathleen Froud Memorial Award"
- Event 42 Men's Open 100m Backstroke awarded "Charles Ford Memorial Award"
- Ribbons to third place for all events
- Age group medals for 8 & under, 9, 10, 11, 12, 13, 14, 15, 16, 17 & Over based on aggregate score in age events only
- Swimmers may choose only one event from 31-34 and 57-60
- La Trobe Financial Perpetual Cup (maintained by TSC) Awarded to top Scoring Team.
- The meet will be conducted under the rules of SVI and SAL. One start rule applies
- All enquiries to The Meet Director, Jane Mitchell. Contact [tscswim@traralgonswimming.org.au](mailto:tscswim@traralgonswimming.org.au)
- **Individual Entries: \$8.00 (Inc SVI MAP levy) Relay Entries: \$10.00**
- A fully stocked canteen will be available
- **BYO Chairs**
- Programs to be downloaded from [www.traralgonswimming.org.au](http://www.traralgonswimming.org.au) by Friday July 24